









Special Newsletter, February 2018

Thank You!

The MAMMI **5-year** and **Second Baby** follow-up studies are now underway as of January 2018! The study could not take place without your ongoing support, a huge **THANK YOU** to everyone who has taken part and our sincerest thanks to all women who helped us create the follow-up surveys!

Would you like to get more involved in our research?

We're delighted to say that the MAMMI Team has been awarded additional funding to develop our **Public Participation in research Initiative!** (PPI)

We are looking for MAMMI study participants to come on board and have an active role in planning, designing, and conducting MAMMI-related research with us!

What is a Public Participation Initiative (PPI)?

Public Participation Initiatives aim to have communities, such as mothers, engage with research and have a role in the stages of research planning and design, data collection and analysis, results write-up and communication of research findings.

This is research with women, rather than for them

What does the MAMMI PPI involve?

Four meetings will be held in 2018. A selection of dates will be offered for each meeting to accommodate as many as possible.

Each meeting will be held at No. 2 Clare Street, Dublin 2, D02 CK80. Lunch will be provided, and participants reimbursed for any travel expenses.

The first meeting will be in March 2018 (Please see dates in <u>DOODLE POLL</u>). A participant chair will be elected, plans, roles and responsibilities will be agreed and women-directed research topics listed.

You will able to identify your preferred level of involvement in the PPI. Some may wish to engage with each stage and others with only one or two.

MAMMI Team members will record meeting action points and send these to attendees, and other interested women.

The second meeting will be in May 2018. The topics for the women-directed research will be confirmed, and the research approach, individual roles and responsibilities, target journals for publication, and conferences for presentation, will be identified. A research ethics application will be submitted to

Trinity College Dublin, and the research will be carried out when approval is granted.

The third and fourth Focus Groups will be held in September and November 2018, and will centre

on data analysis, preparation of manuscripts, and distribution of findings etc.



I am interested but I can't make a large time commitment

You can be involved with the research as much, or as little, as you like. If you can attend all or only one focus group, we are delighted to have your involvement!

I am interested but too busy to come to meetings

If you can't attend the meetings, please do email us with your suggested research topics. To our new email mammistudy@tcd.ie

I am interested, but I don't have any research experience.

You don't have to have any research experience! Your knowledge and insight as a mother is invaluable, and will help us prioritise research topics that will maximise the benefits of the MAMMI study to future generations of mothers.

How can I become involved?

Please register your interest for the first and second Focus Groups on <u>DOODLE POLL</u> and choose any or all the dates that suit you!

Also: We now also have a new email address: mammistudy@tcd.ie; and a new number: 087 118 6762.

If you are interested in becoming involved with MAMMI research or have any questions feel free to contact us at either of the above!